

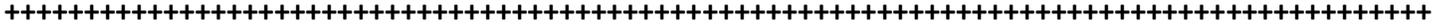


# Florida Sport Horse Club Newsletter

## June 2018

<https://floridasporthorseclub.com/>

[floridasporthorseclub@gmail.com](mailto:floridasporthorseclub@gmail.com)



Dedicated to trail riding and the preservation of the many riding areas in Central Florida.

### Officers:

#### President:

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863-670-4727

#### VP for Trails:

Barbara Lassiter  
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#### Treasurer:

Susan Buchanon  
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#### Secretary/Newsletter Editor:

Janet Schneider  
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<https://floridasporthorseclub.com/>



### Calendar of Club Rides and Events:

**NOTE: we'll have a smaller ride schedule until September, when the heat and bugs diminish. Email or message members for any pickup rides!**

- **Saturday, June 23, 9:00am:** Club ride at Tenoroc. Mike & Barbara Charron, trail bosses
- **Saturday, June 30, 11am-3:30pm:** Equine Education Event by Spring Lane Ranch & Hope Equine Rescue
- **Saturday, July 7, 10am-3:00pm:** Field trip to Nancy Slater Natural Horsemanship, Lake Wales
- **Saturday, July 14, 9am:** Club ride at Marshall Hampton Reserve, Thornhill Rd. Mike & Barbara Charron, trail bosses
- **Monday, July 16, 6:00pm:** Club dinner with monthly meeting, **Golden Corral**, 4532 S Florida Ave., Lakeland.
- **Saturday, August 4, 5pm:** Annual club barbeque at the Lassiters'.

**Please RSVP Barbara Lassiter (or designated trail boss) for club rides! If nobody responds by the Thursday night before the ride, it will be cancelled.**

- email Barbara at [barbgeiger123@comcast.net](mailto:barbgeiger123@comcast.net)
- Call her at 863-534-3459
- Keep up with the club rides and "join" via our Facebook Page (Events section).

**Those wanting to ride other days**—please contact Barbara Lassiter and/or Karen Turbeville, or email club members directly.

For more information or directions for any of the rides, contact Barbara. You can also check the **"Upcoming Events"** section of our web page at <https://floridasporthorseclub.com/>, or the **"Events"** section of the Florida Sport Horse Club's Facebook page at <https://www.facebook.com/FloridaSportHorseClub>.

# News

Our annual **August BBQ membership meeting** will be Saturday, August 4 at 5pm at Barbara and Steve Lassiter's home. **Please extend the invitation to any interested horse people!** As always, the club will provide the meat and drinks; members are asked to bring a dish to share. We do ask that you **RSVP**, if at all possible, so that we know how much food to prepare. **August kicks off our new club year**, as well, with **dues** for the upcoming year; please remember that if you want another year of Horse & Pony, it must be paid by the September meeting. The membership form is attached as the last page of this newsletter.

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## What Does It Take To Be a Club Officer?

First of all, **commitment**—a willingness to serve. Secondly, **time**—one must take personal time out of a busy schedule to complete officer duties and attend as many meetings and events as possible. And each job has its own unique responsibilities:

-  **President:** The ability to **herd** the equivalent of wet cats is helpful, as club members bounce around and can be easily distracted can resemble those cats at times. **Management** skills in coordinating people and tasks so that things actually get done. **Diplomacy** skills so that each member feels valued and welcomed, and to smooth out any interpersonal challenges. **Willingness** to jump in and do all the little (and big) jobs that need completion. Ability to **compromise, delegate and support** club projects even though s/he isn't all that sure about some of them.
-  **VP of Trails:** Willingness to **ride** almost every weekend, regardless of other activities, how one feels, or how far one has to drive. Is ALWAYS **reliable**. Finds and **develops** alternate trail bosses. **Helps** everybody and waits until everybody has horses loaded and trucks actually started

before driving away. **Delicacy** of touch when instructing others on trail etiquette, or when somebody fusses when s/he was late and the group left without her/him—in spite of all warnings that the rides start on time.

-  **Treasurer:** Handles (shudder) the club's **money**. Makes the monthly **report** to the club membership of all income and expenditures, **pays** the bills, **balances** the checkbook, and **files** the annual corporation paperwork and fees.
-  **Secretary:** Takes the **minutes** (or finds an alternate to do so) at each meeting. **Reads** the minutes out to the membership and makes any corrections. Compiles and publishes the monthly **newsletter**. Maintains the membership **roster** and **email** listing. Posts regularly to the club's **Facebook** and **web page**. **Uploads** documents (minutes, membership lists, etc.) to the club's cloud storage for officers' use. Emails all news/updates to members.

Our 2018-2019 officer elections will be held at our August barbeque. (Mike, Susan and Janet have agreed to serve for another year if desired by the membership (Barbara Lassiter has yet to be asked). If **YOU** are interested in running for one of our 4 positions, please contact President Mike Charron.

Save the date? The Friends of Colt Creek are planning their next "**Get to Know Colt Creek**" event on Sunday, March 3, 2019. We don't know yet whether the club will be asked to provide pony rides again, but it's likely considering our past successes.

One of the 4 **prints by Hermann Trappman** has been sold, with 3 to go. The prints can be bought by club members at half the estimated value; if interested, please call Barbara C.

**Our special speaker at the June meeting** was Dr. Katie Hennessey, DVM, of Polk Equine. We didn't even give Katie a chance to give her prepared speech before hitting her up with questions. Some highlights:



- 🐾 **Worming:** Parasites are increasingly resistant to wormers, including ivermectin and Quest. We will only add to the resistance and waste our money by the old system of worming every 2 to 3 months. A far better way is to do a fecal check 1 to 2 times a year; depending on the parasite count, use a wormer as recommended by your vet and check again in a month. That way you KNOW whether the wormer is effective, or even whether you need to worm at all. Interestingly enough, parasites are fewer during the Florida summers, as they can't survive when the temperatures are higher than 85 degrees. Diatomaceous earth MAY work, but there have been no clinical studies to validate its effectiveness.
- 🐾 **Hay:** Coastal hay really does seem to cause more colic than other hays, BUT....horses who are used to the hay (rather than being changed to it), are out on pasture, and have good teeth are less likely to have ill effects from it.
- 🐾 **Feed:** Some breeds, like Pasos, are very prone to fat—and therefore metabolic disorders. A low-starch feed will help to keep these horses at a healthy weight.
- 🐾 **Wound care:** If you find your horse injured in the pasture and call the vet, Do **NOT** put any kind of cream, blu-kote / red-kite or scarlex on the wound. Just keep it as clean as possible. Anything you put on the wound limits the vet's evaluation and ability to suture, if necessary.
- 🐾 **A first aid kit is important:** When you need it, there's rarely time to go shopping. Have a variety of cotton bandages, gauze, and vet-wrap on hand. Also include:
  - **Bute** as a paste or powder

- **Biozide gel** as a minor wound dressing (DON'T use if you're waiting for the vet!!!!)
- **AluShield**, which acts as a protective bandage while keeping bugs away
- **Dormosedon gel** (prescription only) which works as a mild sedative for horses needing a bit of help for shoeing or other procedures

(P.S.: Both the Biozide and AluShield can be found at <http://www.horsehealthusa.com/>)

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**Hope Equine Rescue and Spring Lane Ranch** are teaming up on June 30, 2018 for an educational day. Demonstrations from a massage therapist, veterinarian, trainers, and a saddle fitting demo will be held. You may register and pay at <http://weblink.donorperfect.com/educationevent>. (Note - If you are registering for a private lesson, trainer evaluation, or day stall please call (801)440-9172 to secure your appointment time before you pay, since space is limited).

- 🐾 Auditor admission: \$20 prepaid or \$25 at the gate.
- 🐾 Private Lesson or Trainer Evaluation for horses hauled in \$80 (includes event admission)
- 🐾 Day stall for haul in horses \$10
- 🐾 Saddle fitter private fitting by appointment \$125

Triple B has invited Florida Sport Horse Club members to attend **Nancy Slater's Natural Horsemanship free demonstration** in Lake Wales on Saturday, July 7<sup>th</sup> from 10am to 3pm. Fried chicken will be offered; please bring your own chairs, drinks and a dish to share. Address: 4809 Lake Kotsa Dr., Lake Wales. Take Hwy 60 East from Lake Wales; turn left (north) on Sam Keen Rd. and continue on the paved road (it will eventually make a right-angle turn to the left). Stay on the paved road until the end. Turn right on Lake Kotsa Dr (gravel road). Go to the end. **RSVPs are necessary!** Please let Karen Turbeville know if you plan to go.

We've learned that the management at **Lower Green Swamp** has identified erosion and trail degradation caused by horses at the Reserve. The

2 areas in particular include the creek crossing by the big bridge near the office, and the hiking trail through the trees (along the creek) in the cow pasture. We've been told that new signs will be going up directing equestrians to remain on the horse trails only, and to avoid the creek by the big bridge; in the meantime, PLEASE spread the word that we all need to respect these areas in order to preserve our access to the Reserve.

We gave 123 kids at the **Polk City Summer Reading Program** "pony rides" in 1 ½ hours on June 18, and 16 club members (and several other volunteers, including Astrid Evans' daughter) came out to help. A special thanks goes out to Laura Branch who coordinated the horse end of the event, and to Mike Charron who loaded most of those kids on and off the horses. Kathy Grinsted's students were a true blessing! Hopefully we don't miss anybody, but here are the folks we saw:

- Mike Charron
- Barbara Charron
- Judy Clonger (2 horses)
- Karen Turbeville
- Bobby Hancock
- Melody Cazort (1 horses)
- Cathy Botts
- Kathy Grinsted (3 horses)
- Dennis Dudley
- Laura Branch (3 horses)
- Louise Short
- Cindy Jones
- Suzy Jacobs
- Astrid Evans
- Donna Fellers
- Janet Schneider



## Tips & Activities by Members:



**Donna Fellers** is doing well after her surgery, we're grateful to say.

Our sympathies go out to **Karen Turbeville**, who lost her beloved Cash in a freak accident.

And congratulations go to **Astrid Evans**, who is the proud owner of Scout--a 4-year-old quarter horse.

Join the club! Meet some great people who love their horses. What are YOU doing? Let us know, and send us pictures--we'd love some action shots of you and your horse! Send to [jm\\_schneider@msn.com](mailto:jm_schneider@msn.com). Follow us on Facebook, and visit us online at Facebook <https://floridasporthorseclub.com/>. Happy Trails, where we hope to see you soon!





**Florida Sport Horse Club, Inc**  
**Membership New/Renewal Form**  
20\_\_ to 20\_\_



Please complete the form and return it with your check, payable to the Florida Sport Horse Club,  
**by September 30.** Welcome to our club!

Name(s) \_\_\_\_\_  **Single**      **\$15.00**

\_\_\_\_\_  **Family**      **\$25.00**

**Joining before September 30? Add a 1-year subscription to Horse & Pony for an extra \$10. Yes\_\_\_\_\_**

**Total paid:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Email:** \_\_\_\_\_ **Birthday:** \_\_\_\_\_

**Home phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**Emergency contact name & phone:** \_\_\_\_\_

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For and in consideration of the activities, services and fees paid, Participant hereby does forever and finally release, remise, acquit, satisfy and forever discharge the Florida Sport Horse Club, Inc. (FSHC) of and from all manner of action and actions, cause and causes of action, suit, debts, dues, sums of money, bonds, billings, contracts executions, claims and demands whatsoever, in law or in equity, which may arise for or against the FSHC for the activities of the Association. This document is meant to be a full and complete release from any and all liability that may arise from participating in the activities of the FSHC. The Participant gives this release freely and voluntarily.

\_\_\_\_\_  
**Signed (include legal guardian if under 19 years of age)**      **Date**

\_\_\_\_\_  
**Other Family Member(s)**      **Date**

Please submit this form and your membership fee to:

**Susan Buchanon**  
**9210 Evans Road**  
**Polk City, FL 33868**  
**starlabuchanon@yahoo.com**

**\*\*The newsletter is sent electronically and is posted on the club's web page each month. If you do not have access to email or Internet, please contact the Club Secretary so it can be snail-mailed to you.**