

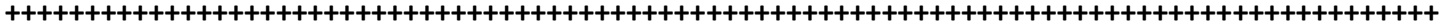


# Florida Sport Horse Club Newsletter

## March 2023

<https://floridasporthorseclub.com/>

[floridasporthorseclub@gmail.com](mailto:floridasporthorseclub@gmail.com)



### Calendar of Club Rides and Events

**Rides begin promptly at the specified time.  
Please be mounted and ready!**

- **Saturday, March 25, 9:00am:** Club ride at Tenoroc. Trail boss Karen Turbeville
- **Saturday, March 25, 10-12pm and 1-3pm:** Day Without Disabilities
- **Saturday, April 1, 9:00am:** Club ride at the Hampton Tract, Rock Ridge Road. Trail boss Del Jones
- **Saturday, April 1, 8am-1:00pm:** Tenoroc’s annual Kids’ Fishing Derby
- **Saturday, April 8, 9:00am:** Club ride at Lower Green Swamp. Trail boss Del Jones
- **Tuesday, April 11, 11:15am:** Club Dine-Around at Big Tom’s Diner, 1151 Havendale Blvd. NW, Winter Haven
- **Saturday, April 15, 9:00am:** Club ride, potluck and business meeting at Colt Creek
- **Saturday, April 22, 9:00am:** Club ride at Gator Creek. Trail boss Del Jones
- **Saturday, April 29, 9:00am:** Club ride at Sidney Dover Conservation Park, Dover

**Do you have suggestions for riding in other areas? Please contact Trail Boss Del Jones.**

**Take time after each ride to relax—bring your lunch or snacks and share some quality time with club members.** Those wanting to ride other days—please contact Karen Turbeville, or email club members directly. Many riders have been joining in on the various weekday rides.

Check the **“Upcoming Events”** section of our web page at <https://floridasporthorseclub.com/>;

You can also use the **“Events”** section of the Club’s Facebook page (depending on your device, click on “About” and scroll down to events OR click on “More,” then on “Events” from the drop-down menu).

Dedicated to trail riding and the preservation of the many riding areas in Central Florida.

### Officers:

#### President:

Mike Charron  
[mike@rps-fl.com](mailto:mike@rps-fl.com)  
863-670-4727

#### VP for Trails:

Del Jones  
[deljones314@gmail.com](mailto:deljones314@gmail.com)  
863-221-6312

#### Treasurer:

Susan Buchanon  
[starlabuchanon@yahoo.com](mailto:starlabuchanon@yahoo.com)  
863-984-1000

#### Secretary/Newsletter Editor:

Janet Schneider  
[Jm\\_schneider@msn.com](mailto:Jm_schneider@msn.com)  
863-944-6788

#### Committees/Ancillaries:

Club Shirts: AnnMarie Connor  
Dine-Arounds: Carla Hart

<https://floridasporthorseclub.com/>

[floridasporthorseclub@gmail.com](mailto:floridasporthorseclub@gmail.com)



# News

**WELCOME** to our newest member **Julie Thompson**! She has a lovely Rocky Mountain, and rode with us at Marshall Hampton.

Kathy Grinstead still needs volunteers to help with the Bunch Ranch **“Day without Disabilities”** on Saturday, March 25. She’s bringing 5 horses; she’d like more, as well as people to serve as walkers. Hours are **10am to noon**. Contact Kathy **directly** if you can help.

We had 10 people at the March dine-around at the Wooden Spoon in Lakeland. The next **club Dine-Around** will be at Big Tom’s Diner, 1151 Havendale Blvd. NW in Winter Haven on Tuesday, April 11.

**RSVP to Carla by Friday, April 7<sup>th</sup>.**

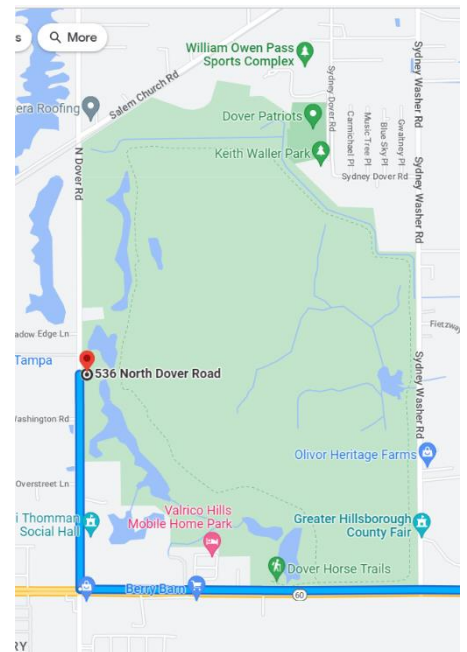
We are ready for the club’s **pony meet-and-greet at Tenoroc’s Annual Kids’ Fishing Derby** on Saturday, April 1. Thanks go to Melody Cazort, Marianne Mozelle and June & Scott Jansen for their horses, and Cathy, Ben Rae, Laura and Janet for backup.

The club received a very nice thank you note from **Hope Equine** for its stall sponsorship. “Our” stall at Hope Equine now has its plaque!



The Triple B Riders have invited us to join them at their fundraising **camping trip to Doe Lake** (near Umatilla) Thursday, April 13 till Tuesday, April 18. Cost is \$100 for members, \$110 for nonmembers. More information on Doe Lake can be found at <https://www.recreation.gov/camping/campgrounds/234599>. Triple B uses its funds for a variety of worthy causes, like donating to Hope Equine and the University of Florida Vet schools when it supported horses injured in the hurricanes.

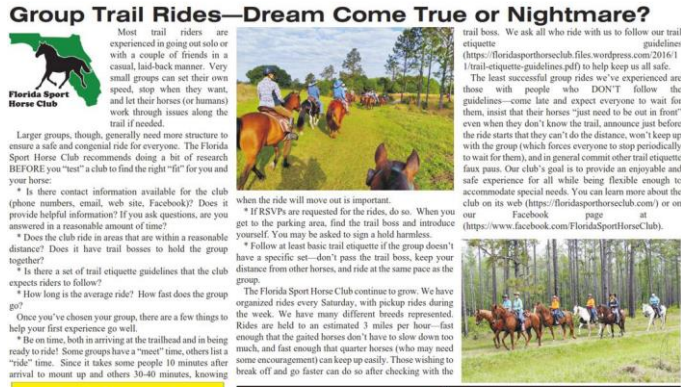
The club ride on April 29 will be at Sidney Dover Conservation Park, also called Dover Pits. It’s located at 536 N. Dover Road, Dover, about .6 miles north of Hwy 60. PLEASE NOTE: there are multiple entrances, so be sure you use this one! It’s got a very large parking area. There is a \$2 entry fee, payable by credit card (not American Express) at a kiosk at the north end of the parking area. There is a water spigot and a porta-pottie.



There are new guidelines for equestrians on **concussions** and when it’s safe to return to riding. While our instincts are to get right back up on the horse (to teach it that it can’t get away with something, pride, failing to understand that we might have a head injury), it may not be the best thing for our long-term health. Less than 10% of people suffering a concussion actually black out. Failure to recognize a head injury and treat it accordingly can result in long-term brain injury. The guidelines have been posted on the club’s web page under “Useful Documents” <https://floridasporthorseclub.com/useful-documents/>.

**Want a club shirt? We now must have an order of 6 shirts or more to place it.** Email AnnMarie Connor at [nascaramc@yahoo.com](mailto:nascaramc@yahoo.com).

The club has another article in the March issue of **Horse & Pony News**, this one on expectations on a group ride. We're hoping that those who have never ridden in larger groups can get a better understanding of how a larger group of horses influences what we can and cannot do for a safe and happy ride.



Sarah works with Kathy Grinstead and runs the **Special Olympics Equestrian team**. She is looking for Coaches and Volunteers at Rockin' W Ranch and Pine Creek Ranch. If anyone is interested, please call or email Sarah Frederick, 863-207-8947; [sarah.parent.advocate@gmail.com](mailto:sarah.parent.advocate@gmail.com).

The club has been contacted by Niki Gilbertsen, a volunteer at **Grune Heidi Farm Rescue** to say that Erika, the founder, needs help. GHFR is a 501c3 non-profit charity that rescues Saddlebred and Arabian horses. Erika is looking for experienced horse assistance primarily in the evenings from 5p-7p to help lead horses in from pastures, feed, groom, clip, apply fly spray & hoof ointments. Contact Information: Erika Gilbert, 863-286-7377. 4713 Swindell Rd, Lakeland, FL. <http://www.gruneheidifarmrescue.org/>, <https://m.facebook.com/gruneheidifarm/>

**Do you follow our Facebook page or web page?**

All our events, news, and tips are listed. You can even review our club!

**The weekday pickup rides are still going strong.**

They aren't always advertised, so if YOU want to ride during the week please contact Karen Turbeville.



Since Facebook changed to Meta, it's tougher to find the "events" portion of the page. Where you'll go to find events depends on your device, but here are the 2 ways we've found that work:

1. Click on **"About,"** then scroll down. The events will be **below** Bio, Details, Description, Page Transparency and Reviews.
2. Click on **"More,"** then **"events."**

**Hope Equine Rescue** in Winter Haven still needs volunteers in a variety of jobs. Most important of those is just grooming the 50+ horses they have on site. Cheryl and Jeff Kreitman recently signed up and find it very satisfying to help others. Please consider signing up to help—it's only 3 hours per week.

Hope Equine is currently caring for a horse that reminds owners to **NEVER tie a horse by the reins when it has a bit in its mouth**. This horse pulled back so strongly that the bit severed its tongue. Remarkably, the horse is doing well at this point and is able to eat soft/soaked food.

**If you see unfamiliar faces** at our rides and events, please introduce yourself and invite them to club activities. People are welcome to join us a few times before they decide to become a member. **And remember—guests must sign a hold harmless that the trail bosses will provide. Please escort the guests to the trail boss of the day!**



## Tips & Activities by Members:

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**Ellie Crowder** is (at the moment) out of the hospital but still having a very challenging time. Please keep up the prayers. Cards sent to her home make a HUGE difference in helping her feel loved and supported.

**David Albizu's** has FINALLY gotten his hip surgery. It will be a while before he's back in the saddle; cards to encourage him through his rehab would be appreciated.

**Michelle and Willie Armstrong** are headed home to Canada on March 20. We wish them a safe journey and look forward to seeing them again in December.

We congratulate **Paul Fellers** on celebrating his 90<sup>th</sup> birthday!



## Classifieds:



**Erik Lundquist** of Leaning Tree Ranch is available for **horse training** as well as **riding and driving lessons**. Your place or his. 6140 Ike Smith Road, Plant City. 352-457-4110.

**Safe Horses for Parties, Weddings, Community outreach**, pictures and/or therapy. Reasonable rates; call Marianne Mozelle, 863-255-7300.

**Hand-crafted soaps from advanced certified soap maker Jane Gavin:** essential oil soaps, and others. She now makes a Farriers' soap, inspired by Wayne Elkins and Dani Horton. She also has an all-natural citronella soap that is excellent for horses. Check out her web site at <https://www.soapforthesoul.com/>.

Join the club! Meet some great people who love their horses. Follow us on Facebook and visit us online at <https://floridasporthorseclub.com/>. Happy Trails, where we hope to see you soon!



**Florida Sport Horse Club, Inc**  
**Membership New/Renewal Form**  
**August through July, 20\_\_ to 20\_\_**



Please complete the form and return it with your check, **payable to the Florida Sport Horse Club**,  
 Welcome to our club!

Name(s) \_\_\_\_\_  **Single**      **\$15.00**  
 \_\_\_\_\_  **Family**      **\$25.00**

Joining before September 30? Add a 1-year subscription to Horse & Pony for an extra \$10. Yes \_\_\_\_\_

Total paid: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Email: \_\_\_\_\_ Birthday: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Emergency contact name & phone: \_\_\_\_\_

For and in consideration of the activities, services and fees paid, Participant hereby does forever and finally release, remise, acquit, satisfy and forever discharge the Florida Sport Horse Club, Inc. (FSHC) of and from all manner of action and actions, cause and causes of action, suit, debts, dues, sums of money, bonds, billings, contracts executions, claims and demands whatsoever, in law or in equity, which may arise for or against the FSHC for the activities of the Association. This document is meant to be a full and complete release from any and all liability that may arise from participating in the activities of the FSHC. The Participant gives this release freely and voluntarily.

\_\_\_\_\_  
 Signed (include legal guardian if under 19 years of age)      Date

\_\_\_\_\_  
 Other Family Member(s)      Date

Please submit this form and your membership fee to:

**Florida Sport Horse Club**  
**c/o Susan Buchanan**  
**9210 Evans Road**  
**Polk City, FL 33868**  
**starlabuchanon@yahoo.com**

\*\*The newsletter is sent electronically and is posted on the club's web page each month. If you do not have access to email or Internet, please contact the Club Secretary so it can be snail-mailed to you.